



**Saskatchewan  
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## SUPPLY LIST

### Machine Applique the Appliquick Way

Instructor: Shelley and Bernie Tobisch

On day one Shelley will show you how to prepare fusible stabilizer shapes for turned edge applique. Working with Appliquick Rods and fabric glue you will learn how to prepare and turn edges of fabric over the stabilizer shapes. You will also learn layering techniques and how to apply your shapes to the background fabric in preparation for stitching. On day two Bernie will guide you through setting up your machine for invisible applique and then the magic begins. First we will learn tricks of the trade while stitching around practice shapes. Stitching around practice shapes first allows you to relax and focus on the stitch while learning how to successfully stitch straight edges, curves, circles and inside and outside points. After the warm-up exercises, we will stitch around Buttons the Bluebird and shapes for warm-up exercises are free and will be provided before class.

#### **Fabric requirements. Sizes include fabric for practice shapes.**

1 square 9 ½" x 9 ½" and 1 square 6" x 6" light for background

**Note:** You don't need to cut the exact sizes recommended below. Sizes are a reference just in case you are working from your scraps. You will need at least the size recommended for indicated shape. Bigger works great too.

- 1 square 7" x 7" for the bird body
- 1 square 6" x 6" for the bird breast
- 1 square 6" x 6" for the bird belly
- 1 square 6" x 6" for the hearts
- 1 square 6" x 6" for the tail feathers
- 1 square 5" x 5" for spool caps
- 1 square 5" x 5" for spool of thread
- 1 square 3" x 3" for eye

#### **Supplies**

Sewing machine including foot control and cord  
Open toe embroidery foot or open toe ¼" Patchwork foot

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Little Oak Pattern Co. Ltd.

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Straight stitch plate

65/9, 70/10 or 80/12 Microtex or Organ HLx5 needles

.7mm mechanical pencil. I prefer Cadoodles by Zebra. These can be found at Walmart or Staples

Sharpie Ultra Fine Point pen

Fabric scissors - sharp to the point. I prefer Karen Kay Buckley Perfect Scissors 4" and 6"

Basic sewing supplies

### **Supplies Continued**

Mono.Poly Superior or Sulky Polyester or Quilters Select invisible thread - **NO Mettler or Guterman.**

**No Nylon. They don't work for this technique**

Thread to match or blend with background - 50wt, 100% cotton DMC, Aurifil or equivalent or I prefer Quilters Select Para-Cotton Poly 80wt.

Sue Spargo Eleganza Perle #8 by Wonderfil Threads or equivalent for heart on a string

Apliquick rods

Quilters Select Print and Fuse Lite or Apliquick fusible stabilizer.

Quilters Select Fabric Glue Stick or equivalent.

Fray Check

Seam Align Glue

Easy Press Pen

Easy Press Fabric Solution

Rotary cutting equipment

Vinyl 9 ½" x 9 ½" square

Pressing cloth - a 6" x 6" square of white cotton fabric

### **Class Preparation**

1. Wash and dry all your fabrics. Fabrics that are washed and dried in the dryer perform better for turned edge applique. They fray less and turning edges is easier.

2. Treat your fabric with Easy Press Fabric Treatment. Use as you would a starch.

3. Cut a 9 ½" x 9 ½" and a 6" x 6" square from background fabric.

***Please remember to order any required supplies by April 15 to allow adequate time for shipping before the class.***

