



# Saskatchewan Stitches Conference

Proud  
Sponsors

Haus  
of  
Stitches

JANOME

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## Supply List

### Free Motion and Beyond

Instructor: Liz Thompson

- Sewing Machine in good working order and please bring **all cords & accessories necessary for your machine – specifically for Free motion**. Many machine models come standard with Free motion feet. Please consult your Instruction manual and ensure you bring this foot/feet with you. We will discuss the basic & deluxe free motion feet that are available.
  - If your machine does not have feed dogs that drop, please ensure you bring the **darning plate/feed dog cover** and free motion foot for your machine. If you do not have this, you will need to purchase this specific to your machine ahead of time as I will not have spare feet for loan during the class.
  - **Selection of thread for needle and bobbin:** good quality cotton or polyester threads are recommended. Rayon is not recommended. The quilt sandwiches will be white or cream.
  - Optional: Bring your **knee lifter** if you prefer using that to lower & raise the presser foot.
  - Well stocked **sewing kit** including: spare needles; scissors, thread snips, fabric marking pen, seam ripper; tape measure; etc
  - An **extension table to provide a larger; flat working surface** for your free motion sewing is pretty much essential. These are available for most machines but if you do not have one they must be ordered ahead of time. Please bring it with you. This is important.
  - **ESSENTIAL for Janome/Elna machines - blue dot/lower tension/quilter's bobbin case** compatible with your machine. This really is vital so please invest in this accessory. If you are borrowing a machine from Haus of Stitches, we *may* be able to loan you a blue dot bobbin case for the class.
  - **ESSENTIAL: straight stitch needle plate** applicable for your machine model.
  - **External spool stand** if you only have a horizontal spool pin on your machine. If you have the **Janome/Elna spool stand** that screws into the back of your machine, PLEASE bring it as your free motion will be much more successful with it.
  - Bring any other **free motion tools** you may have purchased in the quest for easier free motion: free motion gloves such as Machingers , sew-slip mat or similar notion; Lickety grip; etc. These are not essential though we will discuss their use and you may well end up purchasing from Haus of Stitches to make your life easy. If you bring only one of these items with you, it should be **gloves**. I never do free motion without mine!
  - This class is based on Elna and Janome machines if you have another brand and would like to use one of ours, we will have them available in the classroom. Please let us know if you require one.
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- ✓ **Optional: your own chair and/or cushion to sit on, light**
  - ✓ **Please put your name on all your supplies.**
  - ✓ **If you do not have access to any listed supplies please phone or email your order to us ahead of time to ensure your supplies will be waiting for you when you arrive at the conference at our on-site store**