



Saskatchewan Stitches Conference

Proud Sponsors
Haus Stitches & JANOME

Phone # 306 682-0772
Email: haus.stitches@sasktel.net
P.O. Box 2458
Humboldt, Sk S0K 2A0

Supply List

Free Motion and Beyond

Instructor: Liz Thompson

Kit Fee: \$20 includes fabric and batting sandwiches

- Sewing Machine in good working order complete with all cords and foot control etc.
 - FREE MOTION foot for your machine model. A basic hopping foot will work but if you can bring/purchase the more deluxe Free motion foot (JANOME CONVERTIBLE FREE MOTION FOOT SET), that will be much better. Please note that many of our Janome & Elna machines actually have this deluxe Free Motion foot as a standard accessory.
 - Blue dot or Quilter's bobbin case is **very important**. Please bring or purchase one.
 - Quilting extension table for your machine – a larger work surface for free motion quilting is very helpful.
 - Basic sewing kit with extra needles, thread snips, etc. Needle size: Janome blue tip or red tip needles or Schmetz universal or quilting needles size 80.
 - Good quality cotton and polyester sewing thread. Please bring both types as I want you to try both. Bring a shade of thread that shows up well on your fabric sandwiches.
 - Bring at least 3 empty bobbins to wind with your thread.
 - Pair of quilter's gloves. **Very important**. Or finger "gloves", Lickety grip, etc
 - Bring any free motion quilting aids you have found useful to use and to show others in the class.
 - Optional: bring a small quilt sandwich like a baby quilt or table runner to quilt on once you have mastered some of the practice techniques. This is not essential but you may be so excited you want to get started on a "real" project right away!
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- ✓ **Optional: your own chair and/or cushion to sit on, light**
 - ✓ **Please put your name on all your supplies.**
 - ✓ **If you do not have access to any listed supplies please phone or email your order to us ahead of time to ensure your supplies will be waiting for you when you arrive at the conference at our on-site store**