

Simple Landscapes with Stitch and Paint

Supplies and instructions are given for a 12" x 24" finished art piece.

- Fat quarters of a variety of fabrics for landscapes: hand-dyes, monoprinted fabrics, batiks, small patterns, etc. If you need to purchase yardage, .25m should do it. Have a variety of colors and textures.
- 15" x 26" piece of batting of your choice
- 15" x 26" piece of backing
- .2 m of binding fabric to match your fabrics – not needed for class
- Sewing machine in good working order (you need to be able to drop the feed dogs)
- Neutral thread for piecing
- Thread to match or contrast the design colors and backgrounds for free-motion quilting
- Bobbin thread
- 1/4" quilting foot
- Free-motion quilting foot
- Basic sewing kit
- 505 temporary adhesive, safety pins, or any method you'd like to use to hold the layers together to quilt

- Ruler, rotary cutter, mat
- Fabric and paper scissors
- Masking tape

- Apron or paint smock to protect your clothes
- Paper towels
- 1 container for water (empty vegetable / soup can works well)
- 1-2 plastic or Styrofoam trays (to use as palettes <clean supermarket meat trays>) or small Styrofoam plates (no paper plates)
- A few metallic fabric paints in the colours of your choice to match or contrast your design. See note below. Make sure that the colours you use are vibrant so they won't blend with your fabrics
 - Some colour suggestions:
 - Pearlized white for the moon
 - Blue
 - Gold
 - Silver
 - One or two colours for your design

- Paintbrushes: Have a few paintbrushes handy, different sizes. I personally use Simply Simmons (brand) and prefer 3/8” angular and maybe a smaller ¼” for smaller areas. I also use a ½” angular and some round brushes. Again, use what you have on hand. If you need to purchase, one medium size and a smaller size work fine for this project.
- A few designs to copy onto your work, such as flowers, grass, birds, trees, etc. – please use copyright free images – clip art works great, as the images need to be simple – if you google for example “flower silhouettes” you’ll find some great images to use free. You need only the outlines.
- Marking pencils – white, silver, etc. that you will be able to see on your fabrics
- A piece of freezer paper to trace your design onto and a couple of pieces of tracing paper just in case – as an option
- Mechanical pencil and eraser

Optional: (You may not get to this stage in class).

- Small Beads for embellishment or buttons, etc.
- Threads for hand embellishment

Note on metallic fabric paints: I use Jacquard Lumiere or Pebeo metallic paints but any other fabric paint will do. You can also use regular metallic acrylic paints if you are making this as a wall hanging that won’t need to be washed. Use what you have on hand for the workshop and then you can make a decision on what to purchase. You can also use regular paints – non-metallic – but in that case, make sure they are opaque and not transparent.